

VITA Naira Topooco (she/her/hers)

EDUCATIONAL HISTORY

- 2018 Doctor of Philosophy, Psychology, Linköping University
2016 National Research School in Psychiatry (30 credits), Karolinska Institutet
2013 Master of Science, Psychology, Karolinska Institutet

PROFESSIONAL HISTORY (ACADEMIC)

- 2022- Researcher, Department of Psychology, Uppsala University
2022- Associate, Palo Alto University, CA, US
2022- Research Fellow, Internet, Health & Psychology research group, Linköping University
2019-2022 Postdoctoral Research Fellow (Swedish Research Council career grant)
Palo Alto University, CA, US, and Linköping University
2018 Postdoctoral Research Fellow (Sweden-America Foundation Scholarship)
Palo Alto University, CA, US
2014-2018 PhD Candidate, Department of Behavioral Sciences & Learning, Linköping University

GRANTS AND FELLOWSHIPS AWARDED IN COMPETITION

- 2019-2022 *Transforming behavioral medicine for youth: innovation and experimental evaluation*
Role: Principal Investigator
The Swedish Research Council (3 150 000 SEK)
- 2018 *Treating Adolescent Depression*
Role: Principal Investigator
Professor Gadelius Memorial Foundation (50 000 SEK)
- 2018 *Postdoctoral Scholarship*
The Sweden-America Foundation (90 000 SEK)
- 2017 *Doctoral Scholarship*
The Queen Silvia's Jubilee Fund (120 000 SEK)
- 2017-2019 *Smartphone- and chat based psychological treatment for adolescents with depression: randomized controlled trial*
Role: Co-writing of proposal, Doctoral candidate (PI Andersson G, Linköping University)
The Swedish Central Bank (2 150 000 SEK)
- 2016- *Travel grants: The Swedish Society of Medicine; Knut & Alice Wallenberg Foundation; The Swedish Psychotherapy Society; International Society for Research on Internet Interventions Free Waiver Award*

GRANT SUPPORT WITHOUT CONTRIBUTION TO WRITING OF PROPOSAL

- 2019-2020 *Internet-Based Psychodynamic Therapy Versus Cognitive Behavioural Therapy for Adolescent Depression*
Role: co-investigator – methodology, project administration, study investigation
(PI Philips B, Stockholm University)
Kavli Trust Program On Health Research (5 700 000 NOK)
- 2014-2017 *European Comparative Effectiveness Research on Internet-Based Depression Treatment: E-COMPARED*
Role: Doctoral candidate, local study coordinator
(PI Riper H, Vrije University, NL; WP1-leader Andersson G, Linköping University)
European Commission FP7 Programme

SUPERVISION

- 2020-2022 *PhD dissertation*, Co-chair, Joyce Cheng, PGSP-Stanford Psy.D. Consortium, Palo Alto University, US. Defense: June, 2022
- 2021-2022 *Research mentor*, lab volunteers, Palo Alto University, US
Cedi McCorkle, PhD Candidate; Brianna Bettencourt, MS; Darrick Diaz, MS, Alexa Wright, MS
- 2021 *MSc thesis*, Co-supervisor, Erik Schau, Leuphana University of Lüneburg, Germany
- 2014-2018 *MSc thesis* Co-supervisor, Psychology program, Linköping University
I. Ingves; E. Allard J. (2018)
J. Holmlund; J. Lindegaard; S. Johansson; L. Åberg (2017)
L. Luuk; L. Backlund; M. Berg; E. Radvogin; L. Liljethörn; S. Johansson (2015)

PUBLICATIONS

Google Scholar: H-Index: 12; i10-index: 19; Number of Citations 1088

1. Andersson, C., Bendtsen, M., Molander, O., Lindner, P., Granlund, L., **Topooco, N.**, Engström, K., Lindfors, P., & Berman, A. H. (Accepted). Academic self-efficacy: associations with self-reported COVID-19 symptoms, mental health, and trust in universities' management of the pandemic-induced university lockdown. *The Journal of American College Health*.
2. Mechler, J., Lindqvist, K., Carlbring, P., **Topooco, N.**, Falkenström, F., Lilliengren, P., Andersson, G., Johansson, R., Midgley, N., Edbrooke-Childs, J., Dahl, H. J., Sandell, R., Thorén, A., Ulberg, R., Bergsten, K. L., & Philips, B. (2022). Therapist-guided internet-based psychodynamic therapy versus cognitive behavioural therapy for adolescent depression in Sweden: a randomised, clinical, non-inferiority trial. *The Lancet. Digital health*, 4(8), e594–e603.
3. **Topooco, N.**, Fowler, L., Fitzsimmons-Craft, E. E., DePietro, B., Vázquez, M. M., Firebaugh, M. L., Ceglarek, P., Monterubio, G., Newman, M., Eisenberg, D., Wilfley, D. E., & Taylor C.B (2022). Digital Interventions to Address Mental Health Needs in Colleges: Perspectives of Student Stakeholders., *Internet Interventions*, 28, 100528.
4. Andersson, C., Bendtsen, M., Molander, O., Granlund, L., **Topooco, N.**, Engström, K., Lindfors, P., & Berman, A. H. (2022). Symptoms of COVID-19 Contagion in Different Social Contexts in Association to Self-reported Symptoms, Mental Health and Study Capacity in Swedish University Students. *BMC Research Notes*, 15; 131.
5. Jensen, E. S., Ladegaard, N., Mellentin, A. I., Ebert, D. D., Titzler, I., Araya, R., Cerga Pashoja, A., Hazo, J. B., Holtzmann, J., Cieslak, R., Smoktunowicz, E., Baños, R., Herrero, R., García-Palacios, A., Botella, C., Berger, T., Krieger, T., Holmberg, T. T., **Topooco, N.**, Andersson, G., ... Mathiasen, K. (2022). Effect of Sleep Disturbance Symptoms on Treatment Outcome in Blended Cognitive Behavioral Therapy for Depression (E-COMPARED Study): Secondary Analysis. *Journal of medical Internet research*, 24(3), e30231.
6. van Genugten, C. R., Schuurmans, J., Hoogendoorn, A. W., Araya, R., Andersson, G., Baños, R. M., Berger, T., Botella, C., Cerga Pashoja, A., Cieslak, R., Ebert, D. D., García-Palacios, A., Hazo, J. B., Herrero, R., Holtzmann, J., Kemmeren, L., Kleiboer, A., Krieger, T., Rogala, A., Titzler, I., **Topooco, N.**, Smith, J., Riper, H. (2022). A Data-Driven Clustering Method for Discovering Profiles in the Dynamics of Major Depressive Disorder Using a Smartphone-Based Ecological Momentary Assessment of Mood. *Frontiers in psychiatry*, 13, 755809.
7. Chan, W. S., Fitzsimmons-Craft, E. E., Smith, A. C., Firebaugh, M., Fowler, L. A., DePietro, B., **Topooco, N.**, Wilfley, D. E., Taylor, C. B., & Jacobson, N. C. (2022). Challenges in Designing and Eating Disorders Prevention Chatbot. *JMIR Form Res* 2022;6(1):e28003.
8. Berman, A. H., Bendtsen, M., Molander, O., Lindfors, P., Lindner, P., Granlund, L., **Topooco, N.**, Engström, K., & Andersson, C. (2022). Compliance with recommendations limiting COVID-19 contagion among university students in Sweden: associations with self-reported symptoms, mental health and academic self-efficacy. *Scandinavian journal of public health*, 14034948211027824.

9. Andersson, C., Bendtsen, M., Lindfors, P., Molander, O., Lindner, P., **Topooco, N.**, Engström, K., & Berman, A. H. (2021). Does the management of personal integrity information lead to differing participation rates and response patterns in mental health surveys with young adults? A three-armed methodological experiment. *Int J Methods Psychiatr Research* Dec;30(4):e1891.
10. Andersson, C., Bendtsen, M., Molander, O., Granlund, L., **Topooco, N.**, Engström, K., Lindfors, P., & Berman, A. H. (2021). Associations between compliance with covid-19 public health recommendations and perceived contagion in others: a self-report study in Swedish university students. *BMC research notes*, 14(1), 429.
11. Bunge E. L., Pineda B. S., **Topooco, N.**, Stephens, T.N. (2021). Editorial Introduction to Technological Approaches for the Treatment of Mental Health in Youth. *Social Sciences*, 10(12):461.
12. Fitzsimmons-Craft, E. E., Chan, W. S., Smith, A. C., Firebaugh, M., Fowler, L. A., DePietro, B., **Topooco, N.**, Wilfley, D. E., Taylor, C. B., & Jacobson, N. C. (2021). Effectiveness of a chatbot for eating disorders prevention: A randomized clinical trial. *International Journal of Eating Disorders*;55(3) 343-353.
13. Fitzsimmons-Craft, E. E., Taylor, C. B., Newman, M. G., Zainal, N. H., Rojas-Ashe, E. E., Lipson, S. K., Firebaugh, M. L., Ceglarek, P., **Topooco, N.**, Jacobson, N. C., Graham, A. K., Kim, H. M., Eisenberg, D., & Wilfley, D. E. (2021). Harnessing mobile technology to reduce mental health disorders in college populations: A randomized controlled trial study protocol. *Contemporary clinical trials*, 103, 106320.
14. Smith, A. C., Fowler, L. A., Graham, A. K., Jaworski, B. K., Firebaugh, M. L., Monterubio, G. E., Vázquez, M. M., DePietro, B., Sadeh-Sharvit, S., Balantekin, K. N., **Topooco, N.**, Wilfley, D. E., Taylor, C.B., Fitzsimmons-Craft, E.E. (2021). Digital Overload among College Students: Implications for Mental Health App Use. *Social Sciences*, 10, 279.
15. van Genugten, C. R., Schuurmans, J., Hoogendoorn, A. W., Araya, A., Andersson, A., Baños, R., Botella, C., Cerga Pashoja, A., Cieslak, Ebert, D. D., García-Palacios, Hazo, J. B., Herrero, R., Holtzmann, Kemmeren, L., Kleiboer, A., Krieger, T., Smoktunowicz, E., Titzler, I., **Topooco, N.**, Urech, A., Smit, J., Riper, H. (2021). Examining the Theoretical Framework of Behavioral Activation for Major Depressive Disorder: Smartphone-Based Ecological Momentary Assessment Study. *Journal of medical Internet research*, 8, e32007.
16. Berg, M., Malmquist, A., Rozental, A., **Topooco, N.**, & Andersson, G. (2020). Knowledge gain and usage of knowledge learned during internet-based CBT treatment for adolescent depression - a qualitative study. *BMC psychiatry*, 20(1), 441.
17. Berg, M., Rozental, A., de Brun Mangs, J., Näsman, M., Strömberg, K., Viberg, L., Wallner, E., Åhman, H., Silfvernagel, K., Zetterqvist, M., **Topooco, N.**, Capusan, A., & Andersson, G. (2020). The Role of Learning Support and Chat-Sessions in Guided Internet-Based Cognitive Behavioral Therapy for Adolescents With Anxiety: A Factorial Design Study. *Frontiers in psychiatry*, 11, 503.
18. Lindqvist, K., Mechler, J., Carlbring, P., Lilliengren, P., Falkenström, F., Andersson, G., Johansson, R., Edbrooke-Childs, J., Dahl, H. J., Lindert Bergsten, K., Midgley, N., Sandell, R., Thorén, A., **Topooco, N.**, Ulberg, R., & Philips, B. (2020). Affect-Focused Psychodynamic Internet-Based Therapy for Adolescent Depression: Randomized Controlled Trial. *Journal of medical Internet research*, 22(3), e18047.
19. Mechler, J., Lindqvist, K., Carlbring, P., Lilliengren, P., Falkenström, F., Andersson, G., **Topooco, N.**, Johansson, R., Midgley, N., Edbrooke-Childs, J., J Dahl, H. S., Sandell, R., Thorén, A., Ulberg, R., Lindert Bergsten, K., & Philips, B. (2020). Internet-based psychodynamic versus cognitive behaviour therapy for adolescents with depression: study protocol for a non-inferiority randomized controlled trial (the ERiCA study). *Trials*, 21(1), 587.
20. Schuster, R., **Topooco, N.**, Keller, A., Radvogin, E., & Laireiter, A. R. (2020). Advantages and disadvantages of online and blended therapy: Replication and extension of findings on psychotherapists' appraisals. *Internet interventions*, 21, 100326.
21. Taylor, C. B., Ruzek, J. I., Fitzsimmons-Craft, E. E., Sadeh-Sharvit, S., **Topooco, N.**, Weissman, R. S., Eisenberg, D., Mohr, D., Graham, A., Jacobi, C., & Oldenburg, B. (2020). Using Digital

- Technology to Reduce the Prevalence of Mental Health Disorders in Populations: Time for a New Approach. *Journal of Medical Internet Research*, 22(7), e17493.
22. **Topooco, N.**, Byléhn, S., Dahlström Nysäter, E., Holmlund, J., Lindegaard, J., Johansson, S., Åberg, L., Bergman Nordgren, L., Zetterqvist, M., & Andersson, G. (2019). Evaluating the Efficacy of Internet-Delivered Cognitive Behavioral Therapy Blended With Synchronous Chat Sessions to Treat Adolescent Depression: Randomized Controlled Trial. *Journal of medical Internet research*, 21(11), e13393.
 23. Taylor, C. B., Graham, A. K., Fitzsimmons-Craft, E. E., Sadeh-Sharvit, S., Balantekin, K. N., Flatt, R. E., Goel, N. J., Monterubio, G. E., **Topooco, N.**, Karam, A. M., Firebaugh, M. L., Ruzek, J. I., Funk, B., Oldenburg, B., Wilfley, D. E., & Jacobi, C. (2019). Optimizing eating disorder treatment outcomes for individuals identified via screening: An idea worth researching. *The International journal of eating disorders*, 52(11), 1224–1228.
 24. Vernmark, K., Hesser, H., **Topooco, N.**, Berger, T., Riper, H., Luuk, L., Backlund, L., Carlbring, P., & Andersson, G. (2019). Working alliance as a predictor of change in depression during blended cognitive behaviour therapy. *Cognitive behaviour therapy*, 48(4), 285–299.
 25. Berg, M., Rozental, A., Johansson, S., Liljethörn, L., Radvogin, E., **Topooco, N.**, & Andersson, G. (2018). The role of knowledge in internet-based cognitive behavioural therapy for adolescent depression: Results from a randomised controlled study. *Internet interventions*, 15, 10–17.
 26. Schuster, R., Pokorny, R., Berger, T., **Topooco, N.**, & Laireiter, A. R. (2018). The Advantages and Disadvantages of Online and Blended Therapy: Survey Study Amongst Licensed Psychotherapists in Austria. *Journal of medical Internet research*, 20(12), e11007.
 27. **Topooco, N.**, Berg, M., Johansson, S., Liljethörn, L., Radvogin, E., Vlaescu, G., Nordgren, L. B., Zetterqvist, M., & Andersson, G. (2018). Chat- and internet-based cognitive-behavioural therapy in treatment of adolescent depression: randomised controlled trial. *BJPsych open*, 4(4), 199-207.
 28. **Topooco, N.**, Riper, H., Araya, R., Berking, M., Brunn, M., Chevreur, K., Cieslak, R., Ebert, D. D., Etchmendy, E., Herrero, R., Kleiboer, A., Krieger, T., García-Palacios, A., Cerga-Pashoja, A., Smoktunowicz, E., Urech, A., Vis, C., Andersson, G., (2017). Attitudes towards digital treatment for depression: A European stakeholder survey. *Internet Interventions*, 8, 1–9.
 29. Andersson, G., **Topooco, N.**, Havik, O., & Nordgreen, T. (2016). Internet-supported versus face-to-face cognitive behavior therapy for depression. *Expert review of neurotherapeutics*, 16(1), 55–60.
 30. Kleiboer, A., Smit, J., Bosmans, J., Ruwaard, J., Andersson, G., **Topooco, N.**, Berger, T., Krieger, T., Botella, C., Banos, E., Chevreur, K., Araya, R., Cerga-Pashoja, A., Cieslak, R., Rogala, A., Vis, C., Draisma, S., Van Schaik, A., Kemmeren, L., Ebert, D. D., Berking, M., Funk, B., Cuijpers, P., & Riper, H. (2016). European comparative effectiveness research on blended depression treatment versus treatment-as-usual(E-COMPARED): study protocol of a randomized controlled non-inferiority trial in eight European countries. *Trials*, 17, 387.
 31. Ly, K. H., **Topooco, N.**, Cederlund, H., Wallin, A., Bergström, J., Molander, O., Carlbring, P., & Andersson, G. (2015). Smartphone-Supported versus Full Behavioural Activation for Depression: A Randomised Controlled Trial. *PloS one*, 10(5), e0126559.

CHAPTERS IN BOOKS

1. Eék N., Ly, K. H., **Topooco, N.** (2021). Blandformat – kombinationen av behandlingssessioner och teknologi. In Vernmark, K., & Edbacken, J. (Eds.). *Digital Psykologi*. Studentlitteratur. ISBN 9789144141565.
2. Taylor, C. B., Sadeh-Sharvit, S., Fitzsimmons-Craft, E. E., **Topooco, N.**, Rojas-Ashe, E., Wilfley, D. E. (2021). Utilization of Technologies to Support Patients with Eating Disorders. In G. M. Reger (Ed), *Technology and Mental Health: A Clinician's Guide to Improving Outcomes*: Routledge.

INTERNATIONAL CONFERENCE PRESENTATIONS

1. **Topooco, N.**, Cheng, J., Bettencourt, B., Diaz, D., McCorkle, C., Wright, A., Andersson, G., Taylor, C.B. Adaptation of a blended CBT protocol for youth depression in the US: replication and extension to process evaluation to identify areas for improvement (2022, September). Poster presentation at the 11th International Society for Research on Internet Interventions conference, Pittsburgh, PA, US.
2. **Topooco, N.**, Fowler, L., Fitzsimmons-Craft, E. E., DePietro, B., Vázquez, M. M., Firebaugh, M. L., Ceglarek, P., Monterubio, G., Newman, M., Eisenberg, D., Wilfley, D. E., & Taylor C.B. (2022, September). Digital interventions to address mental health needs in colleges: Perspectives of student stakeholders. Poster presentation at the 11th International Society for Research on Internet Interventions conference, Pittsburgh, PA, US.
3. **Topooco, N.**, Andersson, C., Berman, A.H. (2022, September). Transdiagnostic internet intervention to improve mental health among university students: Protocol and initial results from a randomized controlled trial (2022, September). Poster presentation at the 11th International Society for Research on Internet Interventions conference, Pittsburgh, PA, US.
4. **Topooco, N.**, Vlaescu, G., Andersson, G. (2020, June). The development, use and relevance of ecological momentary assessment (EMA) as part of CBT depression treatment in primary care setting. In V. E. Cosgrove (Chair), Technology-Enhanced Mood Monitoring: What We Can Learn from intensive Longitudinal Assessment. Symposium presented at the 22nd Annual Conference of the International Society for Bipolar Disorders, US. Virtual.
5. **Topooco, N.**, Fitzsimmons-Craft, E. E., Chan, W., Firebaugh, M. L., Smith, A. C., Funk, B., Jacobson, N. C., Sadeh-Sharvit, S., Wilfley, D. E., Taylor, C. B. (2020, April**). Prevention of eating disorders using Chatbot Conversation. Poster at the 41st Annual Meeting of the Society of Behavioral Medicine, San Francisco, U.S. **Conference cancelled due to COVID; abstracts published online. Ann. Beh. Medicine, 2020, 54 (Suppl 1:S1-S827).
6. **Topooco, N.**, & Andersson, G (2019, July). Accessible behavioral intervention for adolescent depression: Implications from two randomized controlled trials. In S. Rasing (Chair), Toward new technologies: computerized treatment for depression and anxiety in children and adolescents. Symposium presented at the 9th World Congress of Behavioural and Cognitive Therapies, Berlin, Germany.
7. **Topooco, N.**, & Andersson, G. (2019, March). Accessible behavioral intervention for adolescent depression. Implications from two randomized controlled trials. In A. van Meter (Chair), eHealth approaches to the management of bipolar disorder across the lifespan: Results and implications of three tech-based RCTs. Symposium presented at the 21st Annual Conference of the International Society for Bipolar Disorders, Sydney, Australia.
8. **Topooco, N.**, & Andersson, G. (2019, March). Treating adolescent depression: development and results for a chat- and internet-based CBT intervention targeting youth in a community setting. In V. E. Cosgrove (Chair), Optimizing eHealth applications for adolescents with depression or bipolar disorder: empirical successes and methodological challenges. Brain storming presented at the 21st Annual Conference of the International Society for Bipolar Disorders, Sydney, Australia.
9. **Topooco, N.**, & Andersson, G. (2019, February). Adolescents' experiences of blended CBT with therapist chat sessions: a qualitative study. In I. Titzler (Chair), Blended treatment for depression: Are IMIs combined with f2f psychotherapy an approach to use the best of both worlds? Symposium presented at the 10th International Society for Research on Internet Interventions conference, Auckland, New Zealand.
10. **Topooco, N.**, & Andersson, G. (2019, February). 81 Adolescents' experiences of blended CBT with therapist chat sessions: a qualitative study. Presented at the 10th International Society for Research on Internet Interventions conference, Auckland, New Zealand.
11. **Topooco, N.**, & Andersson, G. (2018, April). Family characteristics associated to adolescent's completion of iCBT depression treatment. Oral presentation at the 5th European Society for Research on Internet Interventions conference, Dublin, Ireland.

12. **Topooco, N.**, Andersson, G. (2017, October). Digital Cognitive Behavioral Therapy in Treatment of Adolescent Depression: Randomized Controlled Trial. The American Academy of Child and Adolescent Psychiatry, 64th Annual Meeting, Washington DC, US.
13. **Topooco, N.**, Symposia Chaired: Youth and College Students' Mental Health (2017, October). The 9th International Society for Research on Internet Interventions conference, Berlin, Germany.
14. **Topooco, N.**, Byléhn, S., Dahlström, E., Holmlund, J., Lindegaard, J., Johansson S., Åberg, L., Bergman Nordgren, L., Zetterqvist, M. & Andersson, G. (2017, October). Digital Cognitive-Behavioural Therapy in adolescent depression: Randomised Controlled Trial. Oral presentation at the 9th International Society for Research on Internet Interventions conference, Berlin, Germany.
15. **Topooco, N.**, Luuk, L., Backlund, L., Bengtsson, L., Vernmark, K., Bergman Nordgren, L., Ödéhn, E., Radvogin, E., Riper, H., Kleiboer, A. & Andersson, G. (2017, October). Blended depression treatment in Swedish primary mental healthcare: preliminary findings from a randomized controlled non-inferiority trial. Poster presented at the 9th International Society for Research on Internet Interventions conference, Berlin, Germany.
16. **Topooco, N.**, Andersson, G. (2016, September). Treating Adolescent Depression. Oral presentation at the 22nd World Congress for the International Association for Child and Adolescent Psychiatry & Allied Professions, Calgary, Canada.
17. **Topooco, N.**, on behalf of the E-COMPARED Consortium. (2016, April). Attitudes towards internet-based depression treatments in Europe: A stakeholder survey. Poster presented at the 8th International Society for Research on Internet Interventions conference, Seattle, WA, US.
18. **Topooco, N.**, Berg, M., Johansson, S., Liljethörn, L., Radvogin, E., Vlaescu, G., Bergman Nordgren, L., Zetterqvist, M. & Andersson, G. (2016, April). Guided Internet-delivered and Tailored CBT for Adolescents with Depression. Oral presentation at the 8th International Society for Research on Internet Interventions conference, Seattle, WA, US.
19. **Topooco, N.**, on behalf of the E-COMPARED Consortium. (2016, April). Attitudes towards digital treatment for depression, in symposium European comparative effectiveness research on Internet-based depression treatment. Oral presentation at the 8th International Society for Research on Internet Interventions conference, Seattle, WA, US.
20. **Topooco, N.**, Berg, M., Johansson, S., Liljethörn, L., Radvogin, E., Vlaescu, G., Bergman Nordgren, L., Zetterqvist, M. & Andersson, G. (2015, September). Guided Internet-delivered CBT for Adolescents with Depression. Oral presentation at the 3rd European Society for Research on Internet Interventions conference, Warsaw, Poland.

INVITED TALKS AND OTHER PRESENTATIONS

Treating Adolescent Depression. Awardee Keynote (1/4), Queen Silvia's Jubilee Fund, 25th Years Scientific Seminar, Stockholm Palace (2019)

Treating Adolescent Depression. Awardee presentation (1(2)), The Queen Silvia's Jubilee Fund, Queen Silvia's 75th Birthday Seminar, Oscarsteatern / Swedish Television (2018)

Online psychological treatments in Europe and Sweden: recent projects, treatment outlines & stakeholder's attitudes. Palo Alto University, CA, US (2017)

Chat- and Internet-based Cognitive Behavior Therapy in treatment of Adolscent Depression. Plenary speech, The Annual School Counselor Association Conference, Linköping, Sweden (2017)

Blended Depression Treatment vs TAU in Primary Mental Healthcare. The 8th Swedish Congress on Internet Interventions, Örebro, Sweden (2016)

A stakeholder survey conducted within the E-COMPARED project. The 7th Swedish congress on Internet Interventions, Stockholm, Sweden (2015)

COMMITTEE, EDITORIAL & REVIEW ASSIGNMENTS

- 2022 *Half-time reviewer*, PhD dissertation, Amira Hentati, Karolinska Institutet
- 2021 *Guest Editor*, Social Sciences (ISSN 2076-0760). Special Issue: Technological Approaches for the Treatment of Mental Health in Youth
- 2021 *Grant Reviewer*, Trygfonden, Denmark; 2021 Research Grants Awards
- 2021- *Review Editor*, Digital Mental Health, Frontiers in Psychiatry; Frontiers in Digital Health
- 2017 *Symposium Chair*, *Youth and College Student's Mental Health*, The 9th International Society for Research on Internet Interventions Conference, 2017, Berlin, Germany.
- 2016- *Ad-Hoc reviewer*, British Journal of Psychiatry; BMJ Open; Cyberpsychology; European Child and Adolescent Psychiatry; European Journal of Public Health; Frontiers Psychiatry; Internet Interventions; International Journal of Environmental Research and Public Health; Journal of Consulting and Clinical Psychology; Journal of Medical Internet Research; Review for Addictive Behaviors Reports; The Cognitive Behaviour Therapist
- 2012 *Member of the organizing team*, The 2012 Association for Contextual Behavioral Science (ACBS) Conference at Karolinska Institutet, Sweden
- 2008-2009 *Project Manager*, Karolinska Institutet Medical Student's Union, The Nobel Night Cap, following the 2009 Nobel Prize award Ceremonies and Banquet, Stockholm, Sweden

MEMBERSHIPS

- 2018- The Sweden-America Foundation

HONORS

- 2020 Linköping University Nominee; Outstanding Young Researcher in Psychology 2020, The Royal Swedish Academy of Sciences, Committee for Psychological Sciences